Loving and nurturing ourselves is good medicine!

Sacred Community Circle

A safe place to explore the importance of self care and self-compassion

A place where we can speak our mind and create a toolbox of self-care

A place where we can begin to create a vision for our personal and professional future

SACRED COMMUNITY CIRCLE
FOR HEALTH PROFESSIONALS

Facilitated by Vivian Thwaits

Vivian is an RN, Certified Equine Gestalt Coach and a Mixed Media Artist.

Join me and my horses to meet, greet and relax. My mission is to inspire you to love and care for yourself more and to give you the tools to live a more happy fulfilled life. I promise each session will be unique and fun.

Learn more about Vivian and Art Soul and Horses.
Join our email list to receive reminders and news.

www.ArtSoulAndHorses.com

ART SOUL AND HORSES
CREATING ART WITH HORSES IS OXYGEN FOR THE SOUL

A PLACE TO FULLY BE LISTENED TO

Our Sacred Circle will Meet Monthly in the evening

Vist www.ArtSoulAndHorses.com for dates, times & registration

Pay What You Can

At the end of the Circle, you're invited to pay what you can. We want this to be affordable for all.
YOU MUST REGISTER

Art Soul and Horses Barn
526 Paso Del Norte
Escondido, CA 9202
760.500.0456
vivian@artsoulandhorses.com